



# The Briefly

The newsletter for the parish community of  
**Grace St. Paul's Episcopal Church**  
2331 E. Adams • Tucson, AZ 85719  
520-327-6857 • www.gsptucson.org



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# Pastor's Report

I'VE BEEN WITH YOU a few short months now, and as I begin to get to know you and this place a bit better, I continue to be astonished and amazed at what all takes place here! The offerings available for healing and wholeness make this church a center for wellness... and all contribute to this sense of what it means to live well and whole.

As the hum of the cicadas persists this time of year, as the heat is relentless and the days long, you so tirelessly care for others, and I want to remind you to also care for you.

I was born into a strong German family in rural Iowa. My grandparents worked very hard from dusk to dawn. On my mother's side of the family, my grandmother had a huge garden, a chicken coop, and a big farmhouse to care for, along with four children. My grandfather was a carpenter and worked long days away from the house; he had a few cattle, and oversaw the leasing of the farmland. It was a similar story on my father's side of the family except that there were twelve children...

Continuing on to the next generation, my parents also worked long and hard. Yet they decided the farm life was not for them and neither were large families... so I grew up in small towns in Iowa and am an only child. My parents' love story ended when I was a young child, so I was mostly raised by a single mother.

You see, self-care was not part of the equation of living in those days, which may account for shortened life spans, depression, and addiction to deal with it all. Now, we know more... we all need rest and relaxation, time

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**C** We live in a time when science is validating what humans have known throughout the ages: compassion is not a luxury; it is a necessity for our well-being, resilience, and survival."

—Roshi Joan Halifax

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The Parish turned out to celebrate a baby shower for Daruka Garang on Sunday, July 8.

**Submissions to  
The Briefly**

Please submit articles to *Barbara Morehouse*, [BrieflyEditor@grace-stpauls.org](mailto:BrieflyEditor@grace-stpauls.org).

*John Banks* happily receives photos, charts, and graphics at [jdbanks@gmail.com](mailto:jdbanks@gmail.com).

**The deadline for the September 2018 issue will be Tuesday, Aug. 14.**

**Pastor's Report**

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away to renew ourselves, to center again, to slow down. This is why I'm so drawn to the Lutheran Wholeness Wheel as way to think about wholeness and wellness. And I've just discovered there's a labyrinth that's good for this as well!

As we continue this hard work of loving neighbor and loving God, may we remember love of self. Walking



this journey of faith together, let us... "steward our gifts in all dimensions of our lives. It is up to us to tend these dimensions of our well-being so we may live as resilient people for the sake of the world."

For Christ, with you,

*Pastor Kimberlee*

**Honor a Special Person or Occasion by Dedicating GSP's Floral Arrangements**

*By Martha P.L. Whitaker*

**T**HE BEAUTIFUL FLOWER arrangements placed at the front of the church and on the altar during Sunday worship services not only contribute to the aesthetics of GSP's Sunday worship, they also honor special people or occasions. The next time you open up your Sunday Bulletin, look on the inside cover, at the top of the first page. There you will find a section titled "Altar Flowers and Plants", and there will be a dedication of the flowers that is announced in that space. On Sundays without a designated donor, we have no flowers.

If you would like to contribute to the

beauty of our worship by making a donation for the altar flowers, please sign up on the Flower Calendar, located either in the

narthex (i.e. the entrance or lobby area of the church) or in McBride Hall, or call the office at (520) 327-6857. At that time,

you may specify your dedication of the flowers in memory, thanksgiving, or celebration for a

person, people, or events that are important to you.

Thank you in advance for your generosity and for contributing to the beauty of our worship!



**Do you have an enthusiasm for working with children?**

GSP needs a new leader for the GSP Acolytes.

You would be responsible for scheduling the children for Sunday worship services.

You would not be responsible for the training.

Please prayerfully consider this GSP ministry position.

If you feel called to be the Acolyte leader, please contact Pam in the Parish Office, 520-327-6857 or [parishadmin@grace-stpauls.org](mailto:parishadmin@grace-stpauls.org).



GSP's Vestry scooped up ice cream and offered a variety of toppings on Sundaes Sunday! Lactose-free ice cream, non-dairy ice cream, and even regular ice cream was available for everyone after the Sunday services on July 1. Parishioners decorated their Sundaes with a variety of sprinkles, nuts, fruit, syrups, and whipped cream.

General  
Convention  
Summary  
By The Rev. Steve  
Keplinger



The most important item in the Exhibit hall. Fellow Marylander John Kitigawa, referred to it as Manna from heaven.

## What I did on my summer vacation

GOING TO AUSTIN, TEXAS, in the middle of the summer is like never leaving home for a Tucsonan. It was hotter than the hinges on the gates of Hades and the little rain that we received only jacked up the humidity. Fortunately for us, we only had rare opportunities at the 79th gathering of the General Convention of the Episcopal Church to go outside. First was when we were moving from one venue to another for various legislative hearings, meetings, and other gatherings. Second was our protest field trips. (See more about them below.) Episcopalians took over the entire gigantic Austin Convention Center, as well as six hotels in a mile and a half radius. As we power walked to each location, we received a free sauna, and when we arrived at our destination, we put on parkas and begged the proprietors to turn down the AC.

Two visitors, however, had no intention of leaving the AC in the Convention Center. These guests had wings. The doors were opened numerous times so they could return to the wilds of downtown Austin, but they both said, “No, I don’t think so. It’s much more comfortable in here with all of you, and you are leaving plenty of Utz crab potato chips crumbs for us to consume.” Though our Presiding Bishop referred to them as the presence of the Holy Spirit as we met in our first joint session on Independence Day, and numerous Deputies petitioned for them to have the opportunity to take an active part in the festivities, the President of the House of Deputies, Gay Jennings, refused to give the pigeons either voice or vote.

Two of the most important things we did at General Convention however, did happen outside and they had nothing to do with legislative acts. On Sunday, July 8, we gathered between the Convention Center and the Hilton Austin for our Bishops Against Gun Violence rally. The police presence was palpable as we listened to the public witness of the Schentrup family, whose daughter Carmen was killed in the Stoneman Douglas High School shooting. After that we boarded buses for the Hutto Detention Center where women immigrants are being detained. It was a blisteringly hot day, but 1,000 of us were there to listen to our Presiding Bishop and many others as we took part in a vigil for those held inside. After that emotional event, we received this message from one of the women inside. “We were glued to the windows until the last bus left the detention center. Women inside were crying, saying they knew they weren’t alone

after seeing so many people there. Thank you.”

We dealt with over 460 resolutions at General Convention, the last count I saw. But the two issues that will undoubtedly receive the most press will be those dealing with same-sex marriage and Prayer Book revision. Multiple same-sex marriage rites were approved for trial use in 2015, but it was left up to the discretion of each Diocesan Bishop to decide if those rites could be used in their Diocese. Eight of our 110 Dioceses continued to forbid their use. To create a situation where everyone would have the opportunity to be married in their home church, we passed a resolution that the Rector or Vicar of each parish can choose to preside at such a ceremony, or allow an Associate to preside, even if the local Bishop opposes it. Another huge step toward full inclusion.

Regarding the Prayer Book, two important resolutions were passed. One includes new expansive language for the Eucharistic services in the middle of the Book of Common Prayer, including revised language for Eucharistic Prayers, A, B, and D. That new language is approved now for trial use. The second authorizes a complete revision of the Prayer Book, including an emphasis on inclusive language and Creation! That will take several years, of course. But in typical Anglican fashion, that same resolution also “memorializes” the 1979 Prayer Book. No one knows exactly what that means, but it sounds suspiciously like what occurred in England with the 1662 Prayer Book, still the official Prayer Book of the land, though no one actually uses it.

We also passed a slew of social justice resolutions, including a Sanctuary resolution. But the emphasis of Convention, both legislatively and otherwise, focused on three central themes. These are the areas we want to prioritize over the next triennium, Evangelism, Racial Reconciliation, and Care of Creation.

Obviously, I am personally overjoyed that the entire church has reached the place where they are emphasizing what we have worked so hard to build at GSP. I believe they are the right steps for our church and for our world. I was grateful to be a small part of that and I look with joy to where we are going as the Episcopal branch of the Jesus movement.

A handwritten signature in black ink, appearing to read "Steve Keplinger" with a small cross or plus sign at the end.

## Notes from the Choir Stalls

By Christina Jarvis,  
Director of Music



**W**ELL, AS THEY SAY, life is what happens when you're making other plans. Summer is past the midpoint and there's not a whole lot to tell you about choir office organization or all those other fluffy unicorns I was chasing in May. My father died, and then our car got totaled by a semi. I'm grateful for Dad's long life and strong moral compass, and I'm also grateful I didn't get totaled, thanks be to God and Honda engineering.

We carry on. Summer music is a fluid thing, so always bear in mind that things might change, but so far here are some of the all-stars for August:

**Aug. 5:** Michael Manning (piano) will play to give you all a foretaste of the pleasures to be had the following week. Please be sure to go to the Endicott Players concert on Aug. 12 at 7:30 p.m., with a pre-concert talk at 6:30 p.m., here at Grace St. Paul's; they are a fantastic ensemble! Don't miss them, or you'll have to catch them in Boston.

**Aug. 12:** Winifred Williams (soprano and piano) shares some of her own musical arrangements with us: "Awake, awake to love and work," which employs text from Hymnal 1982 No. 9 set to an old German melody; and "Capricho Arabe," by Spanish Romantic composer and guitarist Francisco de Asís Tárrega y Eixea, which Winifred has arranged for piano. Singing, arranging, playing piano... she is truly a moveable feast.

*And*, on the same day, please be sure to go to the Endicott Players concert at 7:30 p.m. Be sure, too, to go early so that you can attend the pre-concert talk—also at Grace St. Paul's—at 6:30 p.m. They are a fantastic ensemble! Don't miss them, or you'll have to catch them in Boston.

**Aug. 19:** The Merrie Minstrels, directed by Sally Lefko, return to enliven our worship with medieval and Renaissance instrumental music. Actually, the music itself comprises arrangements of vocal works: "¡O venturoso día!, a *villancico* by Francisco Guerrero; "Rosa das rosas," from the *Cantigas de Santa María*, a collection of songs of praise to the Virgin compiled at the behest of Alfonso X

of Castile; "If ye love me," an old favorite by Thomas Tallis; and a kick-posterior version of "Convidando esta la noche," a Christmas *villancico* by Mexican Baroque composer Juan García de Zéspedes.

The Minstrels include Sally Lefko, director, lever harp, guitar; Steve Smith, soprano recorder, tenor recorder; Teresa Finley, violin, rebec; Jane George, percussion, guitar; Sue Roberts, mandolin, hammered dulcimer; Roger Sperline, hurdy-gurdy, chalumeau, guitar; and Sylvia Payne, bass viol.

**Aug. 26:** Ann Stephens has come up with a cool plan to take pre-existing classical songs and substitute hymn texts for the original lyrics. For the sequence, she will sing "Amazing Grace" to the tune of "Must the winter come so soon" from *Vanessa* by Samuel Barber. The offertory will be "Morning glory, starlit sky" to "Elle a fui, la tourterelle" from Tales of Hoffman by Jacques Offenbach. Finally, the communion music will incorporate "Morning has broken" with "Lascia ch'io pianga" from *Rinaldo* by G. F. Handel. It's a creative way to play with expectations and make something new out of old material.

**Sept. 2:** Our fantastic GSP Bluegrass Ensemble, directed by Don Lundy and John Camm, will close out the summer season. For the sequence, they will play "Dream come true" by Danny Haller, a friend of Don's. For the offertory, they offer "I'm working on a building," a song performed in both the African American spiritual and southern gospel traditions. For communion, we will hear "I Saw the Light," by Hank Williams, Sr., and covered by just about every other gospel bluegrass group you can think of. We can hope that a certain administration sees the light!

May your summer continue to be restful and may we get some decent rain!

Peace,

*Christina*

## Parish Focus

## Kay Bigglestone: Quiet Contributor

By Ann Schlumberger

**G**ENTLE, INTELLECTUAL, and contemplative Kay Bigglestone, born Kay Althea Woodruff on April 29, 1939, grew up in Los Vegas, Nevada—before it acquired its reputation as “sin city.” The eldest of four children, a next-door neighbor began taking Kay, age six, and her siblings to Sunday services at Christ Episcopal Church “to give her parents a break.” The experience, which included her involvement in youth activities throughout her school years, led to a lasting bond with the denomination. Her sister Ann is still a member of that parish, which Kay attends when she is visiting.



Kay Bigglestone

After graduating from Las Vegas High School in 1957, Kay attended Oberlin College in Ohio, majoring in English. In her junior year, she married Andy Ruckman, a newspaper reporter. Upon finishing her degree, she taught all levels of English at a high school in nearby Elyria and served as the sponsor of its student newspaper. During the years she lived in Oberlin, Kay was active in the Episcopal Church, including being closely involved in efforts to achieve women’s ordination. Indeed, in the Oberlin church, Kay, with ordained ing

Kay and Andy, who subsequently divorced, have two children, Andy, Jr., who now lives in Flagstaff, and Eleanor, who lives in Berkeley, California.

In 1992, Kay married Bill Bigglestone, the archivist at Oberlin College. A widower, he lived down the street from her. Having grown up in Tucson, and ready to retire, he wanted to return to his hometown “to get away from the snow.” The couple moved to Tucson soon

after Bill’s son Mark (also a GSP parishioner) relocated here. Kay immediately affiliated with Grace Episcopal Church. The two collaborated on researching and writing a book about Catalina Vista, the neighborhood in which they lived. Bill passed away in 2016.

Having begun a Master’s degree in English at the University of Michigan, Kay completed her degree at the University of Arizona. M.A. in hand, she began teaching English classes at Pima Community College. She declares that her years of teaching literature and writing helped make her an expressive lay reader at Grace St. Paul’s early Sunday service.

Kay’s contributions to GSP are legion. She joined the Education for Ministry (EFM) class in 2000, and upon completion, served for at least 10 years as an EFM mentor, her last partner being Brian Arthur. She has volunteered in Joseph’s Pantry and has served as a chalice bearer and as a lector at the early Sunday service. She serves as a Lay Eucharistic Minister and often transports parishioners to the early service. She also volunteers monthly at St. Andrew’s Clinic in Nogales, helping in the Vision Department with Lynne Albright and Nan Hannan.

When GSP was between rectors, Kay, with Lynne Albright, founded and organized a chapter of the Community of Hope to help meet the pastoral care needs of the parish.

Kay authored the book *Pilgrim Souls*, which recounts the histories of Grace Church, St. Paul’s Church, and the combined GSP parish. In researching the book, she consulted especially with Carol McBride, who had been Grace Church’s archivist. These days, Kay visits 97-year-old Carol weekly to provide cheerful company over games of cards.

In addition to her commitment to GSP, Kay is a member of the Companions of the Holy Cross, a women’s contemplative prayer organization based in Massachusetts. She has visited its Mother House where, during one visit, she was put in charge of the chapel and ringing the rising bell at 7 a.m. In her retirement Kay attends the 7 a.m. Wednesday Eucharist at GSP, walks every day, and regularly visits the public library.

# Children, Youth & Families

## A New Children's Program announced!

An After-School Children and Families Fall Karate Class begins Wednesday, Sept. 12, and continues 5 to 6 p.m., each Wednesday, in McBride Hall.

Here at Grace St. Pauls, we will begin a Children & Families (learn together!) weekly class to practice a Korean traditional karate program through the resident "The Spirit Dojo" school, Fr. Allen Breckenridge, instructor.

Fr. Allen is a third-degree certified black belt, owner of The Spirit Dojo, a UFAP school in the "Chuck Norris System" ([www.ufaf.org](http://www.ufaf.org)).

Classes will equip children (and family members) for developing fitness of mind, body, and spirit; to learn safe and respectful self-defense, anti-bullying, and conflict-resolution skills; and to practice meditation, discipline and respect. All of this takes place in a safe, fun, & supportive faith community setting.

A fee of \$45/month per child (with 1 or more adult family only \$10/each) will be charged; a 10% tithe from this program will go to the GSP Children's Education program. Scholarship aid will be available on an as-needed basis.

Contact us if you are interested or have questions!

Call 520-808-4073, [frallenb02@live.com](mailto:frallenb02@live.com); or Pastor Kimberlee, 520-327-6857, [pastorkimberlee@grace-stpauls.org](mailto:pastorkimberlee@grace-stpauls.org).

## Children, Youth & Family Report

**C**HILDREN'S FORMATION. This summer, we have been exploring Compassion on Sunday mornings as part of children's faith formation. We have been doing this through stories from the Hebrew Bible and New Testament, as well as through music, art and a little bit of fun.

Our most constant student has been Bubba Bear... I hope you've had a chance to meet him! Also, Gracie Bear has joined us, another bear in our family!

**August 26**—The last time we meet for the Summer of Compassion curriculum.

**September 9**—We will begin a new study

and I am excited at the possibilities!

If you are interested in teaching in the fall/winter please let me know. The goal is to have enough teachers so that each commitment would only be once a month.

Thank you to **Jim Kane** and **Madeleine Caldwell** for consistently teaching classes when I have had responsibilities upstairs for the 10am worship service.

**Youth Group.** We continue to meet at 11:45 a.m. on Sunday mornings. We will have one more fun outing this month, so stay tuned for details!

Many thanks to all the youth who helped with the summer camp! We would love to have more kids involved in our youth group, so if you are inclined, please let me know!

Thank you to **Joe Stefani** for helping lead this group each week.



Some of the children and adults from GSP's Kids Summer Camp "Livin' on a Prayer" taught the congregation a few of the fun songs they learned at camp.



# Children, Youth & Families

## Kids Camp, June 2018





Reusable water bottles donated by the members of Democrats of Greater Tucson.

## Social Services Ministry

The social services office continues to be open Monday-Thursday, 9 a.m.-noon, thanks to the volunteers who have stepped up to fill in when others have been ill or on vacation. We offer bus passes and clothing vouchers mostly but can help with state IDs and birth certificates as well.

Thanks to Deb Tinajero, BJ Bower, Br. Chuck Hannan, and our newest volunteer, Dianne Gunderson, all of whom give so much of their time to keep the office open.

If you are interested in being part of this ministry we could use your help! Please contact Pastor Kimberlee for more information.

## Post from the Pantry

By Andrew Gardner

**T**UCSON SMELLS LIKE RAIN AGAIN. The monsoon has arrived. This is our second monsoon in McBride Hall, and I am once again thankful for the support the parish in moving inside. Instead of the rain or just heat and humidity, the pantry community can enjoy the cool, quiet, air conditioned hall. The support of this parish community is so extraordinary, and I am so thankful for it.

Being inside is wonderful for the shower program, too. During the summer, our Monday, Wednesday, and Friday mornings are busier than usual as our neighbors take the opportunity to shower and then relax in the hall. If you are so moved, donations of sunscreen, lotion, and other toiletries are always appreciated.

### Who comes to the pantry?

Over the last two years, we've served 1,478 different families. Some families visit every month, but the average is only a little more than twice a year. The average family is between two and three people, although some are as large as 10. The pantry is sometimes a lifeline during a strange or difficult time for a family, and sometimes it's part of how a family makes ends meet every single month. For others, the daily hospitality service is a refuge; a pantry community member once told me that she loved coming to GSP because it felt like an oasis, calm and cool.

### Who can come to the pantry?

Everyone.

Years ago, the Community Food Bank hosted a civil rights training here at GSP for everyone that works in the pantry. The beginning of the training describes the legal requirements for distributing food under the US Department of Agriculture's The Emergency Food Access Program, TEFAP, and reminds us that we have to follow federal non-discrimination guidelines in every program at the pantry, not just in TEFAP. The second part of the training is a series of scenarios, examples of how someone might feel discriminated against, along with suggestions about how to avoid those situations. My heart warmed as GSP volunteers described how none of those scenarios could ever happen here because it is part of our way of life as a community to treat everyone with kindness and respect.

Later, we wrote a non-discrimination statement for the pantry, and it's hanging in the hall near the pantry door. I often return to it and read it because it makes me so happy to be a part of community that loves its neighbors so fully. Here, again, is what we say about who can come to the pantry, and how we'll treat them when they get here.

*Grace St. Paul's Episcopal Church and Joseph's Pantry are a welcoming community. Beyond what we are required to do by law, we seek to make every person and every family feel welcomed and respected, without regard to race, color, ethnicity, national origin, immigration status, language, religion, age, disability, property, political affiliation, marital status, class, sex, sexual orientation, gender expression, gender identity, or medical condition.*

Everyone is welcome and everyone must be treated with kindness and respect.

Best of all, our community knows that we mean it. One Saturday morning not too long ago, a man I've known for a few years told someone who had come to GSP for the first time, "When they say that everyone is welcome, they mean everyone."





## EXPLORING OUR FAITH: SUNDAYS @ 9:00 am & 11:45 am

### Explore Today's Lectionary: A Light That Shines Insight Into Our Own Spiritual Journey Sunday, Aug. 5, 9 a.m., Bloom Room

How can a relationship with scripture be a light, a window into a deeper understanding of our own spiritual journey? When you read scripture, what pops, what causes reflection, and why? Be curious, and self-compassionate as we react in various ways to the scripture readings for this day. Join us as we look for wisdom instead of quick answers, and ask ourselves, "What does this text ask of me? How can I change because of this story?" What do you need to bring to our discussion? Very simply, your life, and an open-hearted curiosity!

*Cheryl Austin, our facilitator, comes from two perspectives: faith and leadership development. She holds a Masters of Arts in Theology from Fuller Theological Seminary, and has spent her career serving leaders from many cultures as they grow into their changing circumstances. Cheryl is a member of the GSP Adult Spiritual Formation team.*



### The Challenge of Paul (Part 5): The Future of Roman Christianity

Sunday, Aug. 5, 11:45 a.m., Bloom Room

What if most of what we've been taught about the Apostle Paul is wrong? In the same way the radical Jesus was tamed into a transfigured being floating in the clouds, a radical Paul has been historically defamed as a woman hater, puritan, and homophobe who was also sympathetic to slavery. In this series of classes utilizing short videos and discussion, we will see how John Dominic Crossan, Irish-American New Testament scholar and historian of early Christianity, recasts Paul as the itinerant teacher who invited Romans and Jews into a life of resistance against Rome's oppressive regime of economic exploitation and occupational violence. Crossan's progressive biblical scholarship invites us to go deeper into the life of the first century missionary who imagined a human community in which all people, Jews, Gentiles, male, female, slave and free — in other words, everyone is invited to a common table around which everyone has enough.

*Facilitated by Catherine Penn Williams, a longtime presenter and small group leader for the adult spiritual programs at GSP. In the world she is a Jungian-oriented psychotherapist in private practice.*



### The Gospel According to Dog Sunday, Aug. 12, 9 a.m., Bloom Room

What do Mary Oliver, David Sedaris, Billy Collins, Jimmy Stewart and T.S. Eliot have in common? They've all written poems about dogs! Join us to laugh, cry and remember during this poignant but light-hearted listen to the remarkable words they, and others,

have written about humanity's "best friends."

*Facilitated by Steve Williams and Catherine Penn Williams. Steve's best friend for the first 12 years of his life was a golden retriever named Christopher Robin. GSP member Janet Roths handed Catherine's first dog love, Cooper, to her in a basket before the 10 o'clock service at GSP on Sunday, Oct. 17, 2010. They are currently the grateful human companions of Toby (aka The Töbster and Toby Wan Kenobi).*

### The Challenge of Paul (Part 6): Vision and Vocation in Damascus

Sunday, Aug. 12, 11:45 a.m., Bloom Room

What if most of what we've been taught about the Apostle Paul is wrong? In the same way the radical Jesus was tamed into a transfigured being floating in the clouds, a radical Paul has been historically defamed as a woman hater, puritan, and homophobe who was also sympathetic to slavery. In this series of classes utilizing short videos and discussion, we will see how John Dominic Crossan, Irish-American New Testament scholar and historian of early Christianity, recasts Paul as the itinerant teacher who invited Romans and Jews into a life of resistance against Rome's oppressive regime of economic exploitation and occupational violence. Crossan's progressive biblical scholarship invites us to go deeper into the life of the first century missionary who imagined a human community in which all people, Jews, Gentiles, male, female, slave and free — in other words, everyone is invited to a common table around which everyone has enough.

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### Spiritual Practices (Part 5): Service

Sunday, Aug. 19, 9 a.m., Bloom Room

Consider the possibility that service isn't just something we do for other people. Service changes us by shifting our time, attention and resources to something other than ourselves. How might practicing intentional acts of service change your perspective? Your neighborhood? Your work place? Your community? Join us for a discussion of these and other questions as we explore service as a spiritual practice.

*Victoria Stefani is a writer, artist, and scholar of literature, folklore, and mythology. She has taught literature, cultural studies, and writing at the University of Arizona and Humboldt State University. With her husband Joe she moved to Tucson in 1992; they have been part of the Grace St Paul's community since 2013.*



## The Wisdom of the Enneagram

**Sunday, Aug. 19, 11:45 a.m., Bloom Room**

The curious paradox is that when I accept myself just as I am, then I can change.”—Carl Rogers

The Enneagram is a model of the human psyche which is understood and taught as a typology of nine (9) interconnected personality types. Stemming from the Greek words ennea (nine) and grammos (a written symbol), the nine-pointed Enneagram symbol represents nine distinct strategies for relating to the self, others and the world. The Enneagram is a powerful tool for personal and collective transformation because it not only helps explain why we do the things we do, but also points us toward specific strategies for growth. By bringing our awareness to our dominant unconscious strategies for getting our needs met, the Enneagram gives us a vision for how the healthiest manifestation of our types can look. With its detail, it sets out a roadmap for how to get to those higher levels of awareness, and use them for transformation.

*Dawn McMillan is a singer, truth-guide, and counselor currently working in the criminal justice system providing mental health services to people on probation and parole. Dawn's adventures in life have included graduate work at NAU, undergraduate work at Stanford and Oxford, researching eating disorders with the CDC, becoming a certified hypnotherapist, a certified massage therapist, a certified transformational life coach, touring Spain as a back up singer, singing a capella, singing in bands, being a Zumba instructor, voicing cartoons and commercials, acting on stage, film, and television, writing screenplays, teaching acting, coaching cheerleading, and being the clerk of the vestry for Grace St. Paul's. Dawn's biggest adventure has been, and continues to be, parenting*



*two amazing, wonderful, super-awesome, fabulous, terrific, fantastic, gorgeous genius daughters.*

## Ambient Spirit

**Sunday, Aug. 26, 9 a.m., Bloom Room**

This class will explore ambient electronic music, which had its genesis in early electro-acoustic music and, later, minimalism and electronica. This beautiful music predisposes itself to meditation, contemplation, and relaxation. We will learn about the principal composers of ambient music, and trace the development of the genre from Satie through Schaeffer and Eno, and into the 21st Century.

*Anton Faynberg is an itinerant scholar, part-time philosopher, half-time musician, full-time jester. His interests include literature, poetry, music, and religion. He loves the warmth.*

## Uniquely American Religions: The Shakers

**Sunday, Aug. 26, 11:45 a.m., Bloom Room**

The Shakers, known to themselves as "The United Society of Believers in Christ's Second Appearing," were America's longest lasting and most successful experiment in communal living. We will look at their origins in England, migration to America, founding of the communities, their theology, and the special roles they filled in the larger life of the nation. Also examined will be their justly famous contribution to crafts and furniture design and production and other commercial activities, as well as Shaker song and dancing. Finally we will trace the decline of the Shakers and the state of the communities today.

*Joe Stefani is a sometime contributor to ASF, a Youth mentor in the Children, Families, and Youth ministry, and a current member of the Vestry.*

## GSP READERS GROUP

### The Dressmaker of Khair Khana

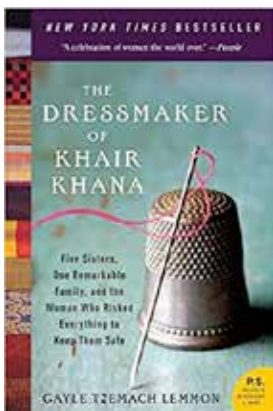
**by Gayle Tzemach Lemmon**

**Friday, Aug. 10, 9:30 a.m., Bloom Room**

This *New York Times* bestseller tells the story of a fearless young entrepreneur who brought hope to the lives of dozens of women in war-torn Afghanistan. Former ABC journalist Gayle Tzemach Lemmon tells the riveting true story of Kamila Sidiqi and other women of Afghanistan in the wake of the Taliban's fearful rise to power. In what Greg Mortenson, author of *Three Cups of Tea*, calls "one of the most inspiring books I have

ever read," Lemmon recounts with novelistic vividness the true story of a fearless young woman who not only reinvented herself as an entrepreneur to save her family but, in the face of ferocious opposition, brought hope to the lives of dozens of women in war-torn Kabul.

*For more information, please contact Victoria Stefani at 520-743-3978.*





## THIRD FRIDAY SUMMER FILM SERIES

### Getting Away From It All

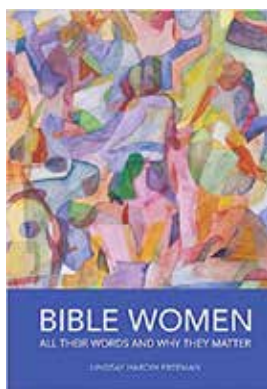
This summer we will present a variety of movies whose main characters need a change of scenery as they deal with crises of boredom, sadness, and insecurity. Please join us for this series in the Bloom Room on the third Friday of August. Each film presentation will be followed by a discussion. No charge. This film will be hosted by Catherine Penn Williams.

### Enchanted April (1992)

Friday, Aug. 17, 6:30 p.m., Bloom Room

In this Golden Globe award-winning film, when two married British women decide to take a break from their respective spouses, they stay at a small medieval castle on the coast of Italy for a quiet holiday. Joining the ladies, to share expenses, are an aloof young socialite and a waspish, elderly aristocrat. Liberated from their daily routines, these four dissimilar women ease into life in rural Italy, and each finds herself transformed by the experience. Starring Miranda Richardson, Joan Plowright, Polly Walker, Alfred Molina, Michael Kitchen, and Jim Broadbent.

## MAKING CONNECTIONS: SMALL GROUPS @ GSP



### Bible Women

Fridays, Aug. 3 & 17, 10:30-11:30 a.m., Bloom Room

Where are the voices of women in the Bible? What do they have to say to us about our own lives? This class studies the Bible through the words of women in the Old and New Testaments. The focus is on actual scripture and its contexts; an optional text, *Bible Women: All Their Words and Why They Matter* by Lindsay Hardin Freeman, is available from Amazon in softcover (\$22) or Kindle (\$9.99). The group meets twice a month on the first and third Friday. No registration is necessary and participants are welcome to join the group at any time.

For more information contact Victoria Stefani, 520-743-3978 or [vstefani@email.arizona.edu](mailto:vstefani@email.arizona.edu).

### Sharing Our Spiritual Journeys

Mondays, Aug. 6 & 20, 10 a.m.-12 noon, Bloom Room

Every week, we focus on a different intersection between spirituality, religion, and culture. The topics vary and there's always a lively discussion. Each session stands alone and all are welcome. No registration is necessary. During the summer this group meets on the first and third Monday of the month. Weekly meetings will resume Monday, Sept. 10.

Co-facilitated by Jim Franks, Joe Smith and Catherine Penn Williams.

### Bible Workbench

Every Thursday, 10 a.m., Bloom Room

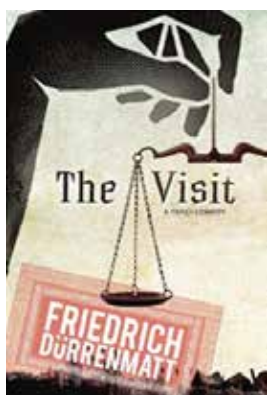
Join Fr Richard Mallory for a lectionary Bible study on Thursday mornings. The class will utilize study guides prepared by the editors of the Bible Workbench (BW), a program that Fr Richard describes as "the best lectionary curriculum I have discovered." Besides providing a solid approach from biblical studies in general, BW offers a depth psychological take on the passage at hand. We encourage you to attend a meeting to get a taste of the class and to help you decide if this group is for you. No registration is necessary.

Fr. Richard Mallory is the Associate Rector at Grace St Paul's.

### Saturday Java Jive: Coffee & Conversation

Saturdays, 9-11 a.m., Epic Café, 745 N. 4th Ave. (at University Blvd.)

Want to meet and get to know folks in a relaxed and friendly environment? All are welcome to join this long-running motley crew that meets every Saturday morning for coffee and conversation. We never know who will show up, the topic is always up for grabs, and hilarity often ensues. There is actually no one in charge of this group and it's been thriving for 10 years in spite of—or maybe because of—that fact. Come join us!



### 'Visit' explores normalization of immoral behavior

In August, students return to school and this month the **First Friday Play Reading** examines a return of a very different kind.

"The Visit," by Swiss dramatist Friedrich Dürrenmatt, is the story of a woman who has become wealthy and returns to the bankrupt, down-trodden village that cast her out as a young woman. She offers riches to the citizens of the town in exchange for revenge on Alfred, who once disgraced her.

A tragicomedy which explores issues of love, money, power, and justice, "The Visit" is brilliant in its depiction of the subtle progression of the peoples' attitudes—

from shock to acceptance and, finally, collusion. It is a powerful statement of how immoral behavior can become normalized.

Please join us on **Friday, Aug. 3, at 6:30 p.m.** in the **Bloom Room** to read if you wish or participate as "audience"; scripts are provided. Sharon McKenzie and Nanalee Raphael are the facilitators, both long-time theatre aficionados. This script is suitable for folks of all ages.

There is no admission charge, however a donation of canned food such as hearty soup, ravioli, chili or tuna for the Joseph's Food Pantry at Grace St. Paul's would be greatly appreciated.



# Grace St. Paul's

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## Grace St. Paul's: A Progressive Community—Loving God, Serving Others, Journeying Together

### WEEKLY SERVICES & ACTIVITIES

#### SUNDAYS

7:45 a.m., Holy Communion  
9 a.m., Coffee & Conversation  
9:45 a.m., Child Care  
10 a.m., Holy Communion  
10 a.m., Sunday School  
11:15 a.m., Coffee Hour  
11:45 a.m.-12:45 p.m., Youth Group

#### MONDAYS

11:30 a.m., Spiritual Direction  
4 p.m., Spirit Dojo  
7:30 p.m., Healing Touch Clinic

#### TUESDAYS

6 p.m., Evening Prayer & Communion  
7 p.m., Interfaith Meditation

#### WEDNESDAYS

7 a.m., Holy Communion  
10 a.m., Desert Angel Quilters  
4:30 p.m., Spirit Dojo

#### THURSDAYS

10 a.m., Bridge Group  
10:30 a.m., Bible Workbench  
3 p.m., Healing Touch Clinic  
5:30 p.m., Spirit Now—An Emerging Worship Experience  
7 p.m., AZ Welcomes Refugees

#### SATURDAYS

8:30 a.m., Saturday Java Jive  
9 a.m., Altar Guild  
10 a.m., Grief Group

### What's Happening in August 2018...

**1st** 12 noon, Prayer Shawl Ministry  
7 p.m., **Green Church Committee**

**2nd** 5:30 p.m., TiHAN meeting  
6 p.m., **Spirit Song**

**3rd** 9:30 a.m., TiHAN meeting  
10:30 a.m., **Bible Women**  
6:30 p.m., Spirit Players Play-Reading

**4th** 2 p.m., Creativity & Spirituality group

**5th** 9 a.m., *Explore Today's Lectionary: A Light That Shines Insight Into Our Own Spiritual Journey*  
11:45 a.m., *The Challenge of Paul (Part 5): The Future of Roman Christianity*

**6th** 10 a.m., *Sharing Spiritual Journeys*

**7th** 1 p.m., TiHAN training

**10th** **GSP Readers Group**

**12th** 9 a.m., *The Gospel According to Dog*  
11:45 a.m., *The Challenge of Paul (Part 6): Vision and Vocation in Damascus*  
6:30 p.m., The Endicott Players

**13th** 6:30 p.m., *Deciphering God's Forgotten Language—A Summer Dream Group*

**15th** 12 noon, Prayer Shawl Ministry

**17th** 10:30 a.m., **Bible Women**  
6:30 p.m., Film & Fellowship

**19th** 9 a.m., *Spiritual Practices (Part 5): Service*  
11:45 a.m., *The Wisdom of the Enneagram*

**20th** 10 a.m., *Sharing Spiritual Journeys*

**26th** 9 a.m., *Ambient Spirit*  
11:45 a.m., *Uniquely American Religions: The Shakers*  
1 p.m., Primavera cooking team

**28th** 9 a.m., Primavera meals group  
6:30 p.m., **Vestry Meeting**

### ... And in September 2018

**1st** 2 p.m., Creativity & Spirituality group

**2nd** 9 a.m., Coffee & Conversation  
2 p.m., St. Andrew's Bach Society

**3rd** **LABOR DAY** 🇺🇸  
(Parish office closed)  
10 a.m., *Sharing Spiritual Journeys*

**5th** 12 noon, Prayer Shawl Ministry  
7 p.m., **Green Church Committee**

**6th** 6 p.m., **Spirit Song**

**7th** 10:30 a.m., **Bible Women**  
6:30 p.m., Spirit Players Play-Reading

**9th** 9 a.m., Coffee & Conversation

**10th** 10 a.m., *Sharing Spiritual Journeys*

**12th** 4 p.m., Foundation for Episcopal Campus Ministry  
4:30 p.m., Children & Family Karate

**14th** 9:30 a.m., **GSP Readers Group**  
6 p.m., Arizona Opera

**15th** 6:30 p.m., Southern Arizona Friends of Jung

**16th** 9 a.m., Coffee & Conversation

**17th** 10 a.m., *Sharing Spiritual Journeys*

**19th** 12 noon, Prayer Shawl Ministry  
4:30 p.m., Children & Family Karate

**21st** 10:30 a.m., **Bible Women**  
6:30 p.m., Film & Fellowship

**23rd** 9 a.m., Coffee & Conversation  
1 p.m., Primavera cooking team

**24th** 10 a.m., *Sharing Spiritual Journeys*

**25th** 9 a.m., Primavera meals group  
12:30 p.m., TiHAN Volunteer Orientation  
6:30 p.m., **Vestry Meeting**

**26th** 4:30 p.m., Children & Family Karate

**28th** 12 noon, Opera Guild of Southern Arizona

**30th** 9 a.m., Coffee & Conversation